

## Improving one's autonomy and building one's own professional project level 2B



ECTS  
6 crédits



Hourly volume  
292h

## Introducing

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### Objectives

To be able :

- deepen self-knowledge (analyze my strengths and weaknesses),
- self-assessment,
- take into account the skills (strengths and weaknesses) of its partners,
- to adjust and regulate their behavior according to others.

### Necessary prerequisites

1st year learning outcomes.

## Practical info

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### Location(s)

 Toulouse